

KENDALL COUNTY HEALTH DEPARTMENT

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Public Service Announcement

WWW.KENDALLHEALTH.ORG

Date: 03.18.2020 Contact: RaeAnn VanGundy 630.553.8064

First Case of Coronavirus Disease in Kendall County

The Kendall County Health Department is actively monitoring the COVID-19 situation in Kendall County. Yesterday, the Illinois Department of Public Health (IDPH) confirmed a female in her 60s and a resident of Kendall County, tested positive for coronavirus disease (COVID-19). This resident has no known recent travel history. Currently, IDPH is reporting 160 cases and one death amongst 15 counties in Illinois. Cases have occurred in ages 9 to 91.

It is important to remember that we are still in flu season and take care of yourself to prevent any viral infection. It is advised to wash your hands frequently, avoid interacting with people who are sick and make sure you are up to date on your immunizations. Maintaining social distancing at all times is critical. As stated by Illinois Department of Public Health (IDPH), "Limiting the amount of time spent in the community, and trying to avoid public transportation as much as possible, will help reduce the number of people who become sick."

When using cleaning and sanitizing products **never** mix bleach with ammonia or any other cleaner. When using bleach, use regular unscented 5%-6% household bleach and follow these CDC instructions:

- 1. Clean surface with soap and warm, clean water.
- 2. Rinse with clean water.
- 3. Prepare bleach solution: 5 tablespoons (1/3rd cup) bleach per gallon of water or 4 teaspoons bleach per quart of water
- 4. Allow to air dry.



If you think you have the symptoms of COVID-19, please stay at home and CALL ahead to your doctor or health provider to report a suspected illness.

Please continue to go to our <u>website</u> to keep in touch with this evolving situation. Community members are welcome to call the Kendall County Health Department at (630)553-9100 with questions.

For more information on COVID-19, please visit these informational sites:

- www.kendallhealth.org,
- Coronavirus COVID-19 Global Cases by Johns Hopkins CSSE real time map
- Coronavirus Prevention video.