

Lupus Society of Illinois

LUPUS WARRIOR WEDNESDAY

August 17, 2022

“Lupus is a journey I never asked for, but I choose to live and love life!”

I am from the westside of Chicago, Illinois. I have worked in the field of corrections for 21 years.

In 1997, in the midst of pregnancy with my one and only daughter, I was diagnosed with Lupus. I was initially diagnosed with Discoid Lupus. Over the years, System Lupus Erythematosus and several other Lupus related illnesses developed.

Living with Lupus has been extremely challenging. There were many times where I bent but was not broken. My desire to press forward involved learning about the disease, getting involved with like-minded beings and spreading the word. In 2014, I began my participation in several Lupus awareness walks and later became a Chicago Walk Committee member with the Lupus Society of Illinois.

My life consists of encouraging and empowering other Lupus warriors as well as their loved ones. Support is a key factor in winning this battle. Together, we make a difference! I am excited about becoming a Lupus Support Group Leader for the Garfield and North Lawndale areas to help educate and bring awareness to the



Sharonna Houston

disease.

This year on my birthday, I will celebrate in honor of my fellow warriors by hosting a Lupus Awareness event “Talk Purple to Me!” You are not alone!

Lupus picked the wrong Diva! Advocating will never stop...