

Lupus Society of Illinois

LUPUS WARRIOR WEDNESDAY

April 5, 2023

My name is Kimberly Wilson. I'm best described as charismatic, woman of faith, and an optimistic Lupus Warrior! I enjoy creative writing, photography, watching football, taking walks, volunteering, and sending daily motivational posts to family and friends.

I was diagnosed with lupus at age 16 and have been living with lupus for 36 years. My lupus has been in and out of remission over the years. During these difficult seasons, I've experienced chronic fatigue, depression, and anxiety. I'm grateful that God continues to watch over and protect me. I'm thankful for my family for their continued love, support, and sacrifice over the years. I am also thankful for experienced rheumatologist, Dr. Jolly, and the many other health professionals (including, therapist, hematologists, and podiatrists) who have provided essential medical care.

My connection to the Lupus Society of Illinois (LSI) began in 2018. I reached out to inquire about volunteering. I was immediately contacted and warmly welcomed by the LSI staff. Over the years, I assisted the organization by making reminder calls for upcoming Lupus walks, folding brochures, rolling lupus t-shirts, making lupus signs, and serving as a



Kimberly Wilson

greeter at some educational events. I was proud to share LSI literature and I've done so with a smile and a spirit of optimism because I'm a Lupus Survivor! The LSI Team continues to keep me encouraged and knowledgeable with the variety of powerful educational events, spirit filled Lupus walks, and nurture-based Lupus support groups!

A few years ago, I formed the Faith Walkers group, comprised of family and friends who participated in a few Chicago Lupus Walks! On my Lupus journey, I will continue to share smiles and optimism when volunteering, take purposeful steps in Lupus walks, wholeheartedly solicit donations, **and Keep the Faith for a CURE!**