

# Lupus Society of Illinois

## LUPUS WARRIOR WEDNESDAY

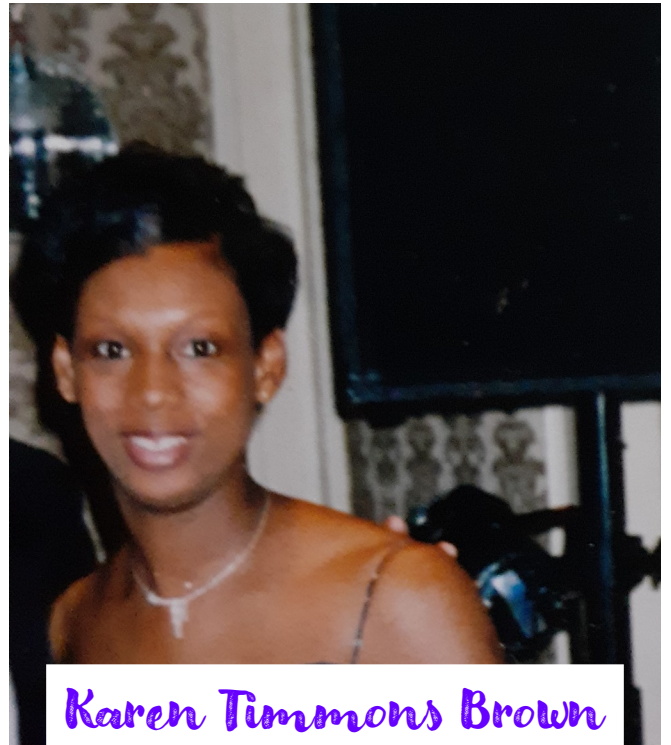
July 13, 2022

My name is Karen Timmons Brown, lupus warrior for last 19 years. I was diagnosed with lupus in 2003. It has been somewhat of a roller coaster ride. But through it all family, friends, and others have been supportive in this journey.

I became involved with the Lupus Society of Illinois through the recommendation of my rheumatologist at the time. I have gained knowledge and support to see me through the tough times over the years. I have been a facilitator in the Southern Illinois area for many years. I continue to uplift, motivate and share my experiences in person and online about Lupus. I advocate for research and fundraising to ensure we continue to grow and evolve in our development of new medicines and increase public awareness of Lupus.

I am grateful for the Lupus Society for their continued support and journey to find a cure. And help us live a life that is fruitful and worthwhile as we battle this disease. We are in this together. And we appreciate the help from many organizations including the Department of Defense who provide a significant amount of funding for Lupus Research.

I will continue to be a fighter and advocate for this invisible disease. I may have Lupus but Lupus doesn't have me. I may not look sick. But I fight this battle everyday. And now for the rest of my Life.



*Karen Timmons Brown*