

# Lupus Society of Illinois

## LUPUS WARRIOR WEDNESDAY

July 27, 2022

16 years ago, I knew I was sick and spent 6.5 years looking for answers. Dr. Richmond put me on the right path that ended with a meeting with Dr. Katz, which got me the diagnosis which I, in my heart, already knew, SLE. My husband and I went to the appointment together and cried tears of relief when we heard the diagnosis, Lupus. Not because I wanted to be sick, rather we wanted me to get a program going that would bring me relief from the fatigue and pain I was living with. Benlysta, the only known biologic to combat Lupus was just released 5 months earlier and Dr. Katz recommended starting me on it immediately. Benlysta was a life saver and changed the trajectory of my illness. Staying positive, remaining grateful for every day and advocating for myself, have added to the reasons I feel I do well managing my symptoms. I am a principal in Lemont to 775 third to fifth graders who keep me very busy. When not at work, I can be found swimming in the pool or traveling with my husband, Bill.



*Debby Lynch*